



BOROUGH OF LAMPETER



PUBLIC HEALTH DEPARTMENT

ANNUAL REPORT

1957

MEDICAL OFFICER OF HEALTH:

Dulyn Thomas, M.B., Ch.B., D.P.H.

BOROUGH SURVEYOR AND PUBLIC HEALTH INSPECTOR:

T.R. Sambrook, M.R.S.I., M.S.I.A. (Resigned 10th June, 1957)

J.D. Miles

(Commenced duties 12th August, 1957)





Your Worship the Mayor, Aldermen and Members of  
the Lampeter Borough Council.

PREFACE.

I have pleasure in presenting the Annual Report of the Health Department for the year ended December 31st, 1957.

The number of live births registered was twenty four, a decrease of one on the previous year. There were no illegitimate births. It is most reassuring to note that no infant died under the age of twelve months and that there were no stillbirths. No mother died in childbirth.

The number of deaths registered was thirty five. This shows an increase of twelve on the figure for 1956. Eleven deaths were ascribed to heart disease, four to vascular lesions of the nervous system (strokes) and nine to cancer. There were no fatal accidents.

The only case of infectious disease notified during the year was one case of poliomyelitis. This was a young girl who contracted the illness at school in England. Happily she made a very good recovery.

Six new cases of tuberculosis were notified, four of these being under the age of thirty-five. Every effort was made by the Chest Physician and the Health Department to have all contacts examined. No deaths were caused by this disease.





During the year Mr. T. R. Sambrook, the Borough Surveyor and Public Health Inspector left to take up a similar post in Derbyshire. I wish to pay tribute to his service to the Council, and also to welcome his successor Mr. J. D. Miles.

The Council is to be congratulated for taking action to prepare a sewage disposal scheme for the Borough. The completion of this scheme will greatly improve the standard of hygiene in the town.

A more detailed account of the work of the Department will be found in the ensuing pages, which include a section prepared by the Public Health Inspector. I wish to commend Mr. Miles for the very diligent way in which he has examined all Food premises, and made certain that they conform to the Food Hygiene Regulations.

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SUMMARY OF GENERAL STATISTICS

Area (in acres)...	...	...	...	...	...	...	1,754
Population (Census 1951).	...	...	...	...	...	...	1,799
Population (Registrar General's Mid-Year 1957)	...	...	...	...	...	...	1,960
Rateable Value at 1st April, 1957	...	...	...	...	...	...	£29,653
Rateable Value at 1st April, 1958	...	...	...	...	...	...	£29,203
Sum represented by a penny rate 1957/58	...	...	...	...	...	...	£112
Estimated sum to be obtained by a penny rate 1958/59.	...	...	...	...	...	...	£112

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SUMMARY OF VITAL STATISTICS

						<u>Total</u>	<u>Male</u>	<u>Female</u>
Number of registered live births	...	...	...	...	Leg:	24	14	10
					Illeg:	-	-	-
Number of registered still births	...	...	...	...	Leg:	-	-	-
					Illeg:	-	-	-
Number of deaths of infants under 1 year	...	...	...	...	Leg:	-	-	-
					Illeg:	-	-	-
Number of deaths of infants under 4 weeks	...	...	...	...	Leg:	-	-	-
					Illeg:	-	-	-
Number of deaths of women ascribed to childbirth	...	...	...	...	...	-	-	-
Number of registered deaths	...	...	...	...	...	35	15	20
Areal comparability factor for births..	...	...	...	...	...	1.03		
Areal comparability factor for deaths..	...	...	...	...	...	0.70		





GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

These are essentially the same as in 1956. The main features are as follows:-

- (a) No ante-natal or post-natal clinic is held in the district by the local health authority. Expectant and nursing mothers receive medical advice from their own medical attendants.
- (b) An infant welfare clinic is held at Lampeter once a fortnight.
- (c) The domiciliary midwifery service is carried out by the district nurses who are also State Certified Midwives.
- (d) A health visitor covers the Lampeter area.
- (e) Home nursing is in the hands of the district nurses.
- (f) Vaccination is carried out by the person's own medical attendant but immunisation against diphtheria is performed partly by the former and partly by medical officers of the local health authority.
- (g) An ambulance is stationed at Lampeter.
- (h) Arrangements for the prevention of illness consist in periodic talks and advice given by medical officers and the health visitor of the local health authority. Care and after-care is in the hands of the district nurses and of the health visitor. Tuberculosis cases are also followed up by the Chest Physician's health visitor.
- (i) Domestic help is provided by suitable persons engaged locally.
- (j) The borough of Lampeter lies almost mid-way between the towns of Aberystwyth and Carmarthen in both of which general hospitals exist. The former is under the aegis of the Mid-Wales Hospital Management Committee and the latter under its West Wales counterpart. Public health laboratories of the Medical Research Council are also to be found in both centres. The infectious diseases' hospital for the area is at Tanybwllch, close to Aberystwyth.
- (k) The central core of the Health Services is still the general practitioner. There are four doctors providing general medical services in the borough.

# GENERAL PROVISIONS OF HEALTH SERVICES IN THE AREA.

There are essentially the same as in 1950. The main features are as follows:-

- (a) No ante-natal or post-natal clinic is held in the district by the local health authority. Expectant and nursing mothers receive medical advice from their own medical attendants.
- (b) An infant welfare clinic is held at Langport once a fortnight.
- (c) The domiciliary midwifery service is carried out by the district nurses who are also State Certified Midwives.
- (d) A health visitor covers the Langport area.
- (e) Home nursing is in the hands of the district nurses.
- (f) Vaccination is carried out by the person's own medical attendant but immunisation against diphtheria is performed partly by the former and partly by medical officers of the local health authority.
- (g) An ambulance is stationed at Langport.
- (h) Arrangements for the prevention of illness caused in particular by and advice given by medical officers and the health visits of the local health authority. One in three cases is in the hands of the district nurses and of the health visitor. Tuberculosis cases are also followed up by the Chest Physiotherapist's health visitor.
- (i) Domestic help is provided by either in person engaged locally.
- (j) The borough of Langport lies about midway between the towns of Abingdon and Oxford in both of which general hospitals exist. The former is under the control of the Mid-Niles Medical Management Committee and the latter under the West Niles Group of Hospitals. Health laboratories of the Medical Research Council are also to be found in both centres. The infectious diseases hospital for the area is at Langford, close to Abingdon.
- (k) The central core of the health services is still the general practitioner. There are four doctors providing general medical services in the borough.



CAUSES OF DEATH

Registrar General's

Code Number

Causes of Death

Number of deaths

Male    Female    Total

1	Tuberculosis, respiratory	-	-	-
2	Tuberculosis, other	-	-	-
3	Syphilitic disease	-	-	-
4	Diphtheria	-	-	-
5	Whooping cough	-	-	-
6	Meningococcal infections	-	-	-
7	Acute poliomyelitis	-	-	-
8	Measles	-	-	-
9	Other infective and parasitic diseases	-	-	-
10	Malignant neoplasm, stomach	-	-	-
11	Malignant neoplasm lung, bronchus	2	-	2
12	Malignant neoplasm, breast	-	2	2
13	Malignant neoplasm, uterus	-	2	2
14	Other malignant & lymphatic neoplasms	1	2	3
15	Leukaemia, aleukaemia	-	-	-
16	Diabetes	-	-	-
17	Vascular lesions of nervous system	1	3	4
18	Coronary disease, angina	3	1	4
19	Hypertension with heart disease	-	2	2
20	Other heart disease	3	2	5
21	Other circulatory disease	2	3	5
22	Influenza	-	-	-
23	Pneumonia	1	-	1
24	Bronchitis	1	1	2
25	Other diseases of respiratory system	-	-	-
26	Ulcer of stomach and duodenum	1	-	1
27	Gastritis, enteritis and diarrhoea	-	-	-
28	Nephritis and nephrosis	-	-	-
29	Hyperplasia of prostate	-	-	-
30	Pregnancy, childbirth, abortion	-	-	-
31	Congenital malformations	-	-	-
32	Other defined and ill-defined diseases	-	2	2
33	Motor vehicle accidents	-	-	-
34	All other accidents	-	-	-
35	Suicide	-	-	-
36	Homicide and operations of war	-	-	-
Total		15	20	35





INFECTIOUS DISEASES.

The following is a list of the notifications of infectious disease, other than tuberculosis, received during the year.

Cholera ...	...	...	...	...	...	-
Diphtheria	...	...	...	...	...	-
Dysentery (amoebic and bacillary)	...	...	...	...	...	-
Encephalitis	...	...	...	...	...	-
Erysipelas	...	...	...	...	...	-
Food poisoning	...	...	...	...	...	-
Malaria	...	...	...	...	...	-
Measles ...	...	...	...	...	...	-
Meningococcal meningitis.	...	...	...	...	...	-
Ophthalmia neonatorum	...	...	...	...	...	-
Paratyphoid fever	...	...	...	...	...	-
Plague ...	...	...	...	...	...	-
Pneumonia (acute primary and acute influenzal)	...	...	...	...	...	-
Poliomyelitis	...	...	...	...	...	1
Puerperal Pyrexia.	...	...	...	...	...	-
Relapsing fever ..	...	...	...	...	...	-
Scarlet fever	...	...	...	...	...	-
Smallpox ...	...	...	...	...	...	-
Typhoid fever	...	...	...	...	...	-
Typhus fever	...	...	...	...	...	-
Whooping cough	...	...	...	...	...	-





TUBERCULOSIS

The following table shows the sex and age distribution of the new cases notified during the year.

AGE GROUP

RESPIRATORY

NON-RESPIRATORY

	Male	Female	Male	Female
0 - 1	-	-	-	-
1 - 2	-	-	-	-
2 - 4	1	-	-	-
5 - 9	-	-	-	-
10 - 14	-	-	-	-
15 - 19	1	-	-	-
20 - 24	-	1	-	-
25 - 34	1	-	-	-
35 - 44	-	-	-	-
45 - 54	-	-	-	-
55 - 64	1	-	-	-
65 - 74	-	-	-	-
75+	1	-	-	-
Totals:-	5	1	-	-





SECTION 47 OF THE NATIONAL ASSISTANCE ACT, 1948.

No action was required to be taken during the year under the above enactment.

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MISCELLANEOUS.

International vaccination certificates against smallpox and cholera of persons residing in Lampeter and proceeding to certain overseas destinations were authenticated in the manner prescribed by the World Health Regulations No.2.

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DULYN THOMAS

MEDICAL OFFICER OF HEALTH.

Swyddfa'r Sir,  
ABERYSTWYTH.

June, 1958.



ANNUAL REPORT OF PUBLIC HEALTH INSPECTOR

It affords me much pleasure to present my first contribution to the Annual Report of the Medical Officer of Health for the year ending 31st December, 1957. I take the opportunity of expressing my thanks herewith to Dr. Dulyh Thomas the Medical Officer of Health, the Town Clerk, members of the Council and staff for the considerate help given me at the commencement of my duties with your Authority.

1. SANITARY CIRCUMSTANCES OF THE BOROUGH

SEWERAGE AND SEWAGE DISPOSAL.

The sewerage system comprises box drains and concrete tubes leading to three outfalls. One discharges by way of the Dulas Stream into the River Teify. The remaining two discharge into watercourses which communicate with the Creuddyn Stream which in turn joins the Teify.

It is now most gratifying to state that this Annual Report may be the last wherein adverse comments are made in relation to the sewerage and sewage disposal system of the Borough. Progress is now being made towards the completion of arrangements for the construction of a sewerage scheme comprising some two miles of concrete tubes discharging into a sewage disposal works consisting of (i) coarse screening chambers (ii) detritus pit (iii) foul sewage sump and pumps (iv) balancing tanks (v) primary settling tanks (vi) storm tanks (vii) digestion and aerating tanks (viii) drying beds.

DRAINAGE.

a)	Water closets complete with flushing apparatus connected to existing sewers .....	840
b)	Water closets with flushing apparatus not connected to Public Sewers .....	28
c)	Pail Closets .....	24
d)	Chemical Closets .....	8
e)	Number of septic tanks and cesspools .....	28

It is hoped that in the near future the use of pail closets will be discouraged, and that, in the interests of hygiene, water closets will replace these obsolete appliances.





NEW BUILDINGS. Drains, Sewers and Cesspools.

a)	Number of plans submitted .....	25
b)	Plans relating to new buildings .....	7
c)	Plans of additions to existing buildings ....	14
d)	Other structures .....	4
e)	Number of water closets proposed .....	14
f)	Number of closets to connect with sewer .....	14

NEW BUILDINGS IN COURSE OF ERECTION.

a)	Number of drainage schemes tested .....	22
b)	Number of schemes found to be faulty .....	6
c)	Number of schemes remedied .....	6
d)	Defective closets requiring reconstruction ..	2
e)	Number of visits to works .....	52

REFUSE COLLECTION AND DISPOSAL.

- a) Refuse Collection. Household and trade refuse is collected once weekly. A mechanical dustless loading Refuse collection vehicle is employed for this purpose.
- b) Street Cleansing. Main roads in the Town area are swept daily. Unclassified roads are cleansed once weekly.
- c) Refuse Disposal. Controlled Tipping is practiced at the Maesyfelin Site. Scrap metal is salvaged and sold at an average of £4. per ton.

5. WATER SUPPLIES.

In April of this year the Waterworks and Associated apparatus became vested in the South Cardiganshire Water Board and as a result is no longer under the jurisdiction of the Borough Council. However in the interests of Public Health it is still necessary to maintain a certain amount of vigilance in relation to (a) chlorination (b) bacteriological quality of the supplies. At the moment the process of chlorination is somewhat primitive, and the Engineer of the Water Board has now given an undertaking to install an automatic chlorinating plant.

Premises in the rural area of the Borough are dependent on deep wells for a source of water supply. Bacteriological samples obtained from these private sources proved upon examination and analysis to be satisfactory. A number of samples taken from the Public supply turned out to be unsatisfactory due on occasions to insufficient chlorination. The early installation of an automatic chlorinating plant will therefore provide the remedial measure.





6. FILTHY OR VERMINOUS PREMISES.

No. of premises inspected ..... 62  
No. of notices served ..... 1

It is gratifying to note that out of 62 houses inspected only one was found to be in need of cleansing.

7. PROVISION OF CLEANSING STATIONS.

Council does not possess a cleansing station or Steam Jacket Equipment for the treatment of filthy or verminous articles or articles which have been in contact with persons suffering from infectious disease. However there is a plant and apparatus at the Welfare Home. Arrangements have been made with the Matron, for the use of this equipment should the necessity arise.

8. PUBLIC SANITARY CONVENIENCES.

Number of conveniences (male)..... 4  
Number of conveniences (female) ..... 3  
Number of proposed conveniences  
to be constructed ..... 1

Public Conveniences are inspected twice weekly. Cleansing is carried out daily.

9. OFFENSIVE TRADES.

There are no offensive trades within the Borough.

10. FOOD POISONING.

During the year no case of food poisoning was notified.

11. INFECTIOUS DISEASE.

Number of cases reported ..... 3  
Number of premises disinfected ..... 3

12. LODGING HOUSES. HOMES FOR AGED etc.

There are two premises wherein the aged are cared for. These are the Welfare Home and Falcondale Home which are administered by the County Council. Periodical visits are made to both these premises which are maintained in a high degree of cleanliness.

13. INNS AND PUBLIC HOUSES.

Number of Licenced Premises ..... 8  
Number of visits ..... 46  
Number of notices served ..... 5



Works required.

Total reconstruction of Sanitary Conveniences .....	4
Partial reconstruction and improvement .....	3
Structural alterations .....	2
Provision of artificial lighting .....	2
Rendering of cellars and walls .....	2
Provision of washing facilities .....	2

14. CARAVAN SITES.

There are no Licenced Caravan Sites within the Borough.

15. HOUSING.

Number of houses owned by Local Authority .....	84
Number of flats owned by Local Authority .....	4
Number of bungalows owned by Local Authority .....	6

Inspection of Dwelling Houses.

a) Private dwelling houses inspected .....	16
b) Number of Council Houses inspected .....	64
c) Number of private dwellings where reported nuisances were abated .....	14

Overcrowding.

(a) Number of cases reported during the year .....	2
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16. IMPROVEMENTS AND REPAIR WORK CARRIED OUT IN RESPECT  
OF COUNCIL DWELLINGS.

Number of premises completely redecorated exteriorly .....	22
Windows renewed or repaired .....	14
Water tanks and cisterns repaired or renewed .....	7
Sinks repaired or renewed .....	6
W.C.Cisterns repaired or renewed .....	35
Grates renewed or repaired .....	12
Doors renewed or repaired .....	16
Fittings renewed or repaired .....	12
W.C.Pans renewed or repaired .....	5
Interior plasterwork renewed .....	6
Eaves gutters renewed .....	4
Porches erected .....	2
Chimneys repaired .....	2
Roofs repaired .....	12
Drains repaired .....	2
Plumbing repairs .....	19
Miscellaneous repairs .....	16

The above works were carried out by your Maintenance Department.





WORKS CARRIED OUT BY OUTSIDE AGENTS.

Number of W.C. cisterns renewed .....	1
Number of W.C. basins renewed .....	1
Number of electric switches repaired .....	15
Number of new points provided .....	6
Number of points repaired .....	3
Number of electric cookers repaired .....	20
Number of miscellaneous electrical repairs .....	5
Total .....	<u>51</u>

18. FACTORIES AND WORKSHOPS.

Number of factories on Register .....	25
Number of visits .....	56
Number of notices served .....	3

Works carried out.

New W.C.'s installed .....	3
Premises cleansed .....	1
Washing facilities provided .....	1

19. DAMAGE BY PESTS ACT 1949

Number of Local Authority Premises treated .....	6
Number of business premises treated .....	5
Number of private dwellings treated .....	22
Other premises or areas treated .....	5

Main sewers are treated twice annually.

The Refuse Tip is treated quarterly. Baits and poison are laid monthly at the abattoir.

20. LAND CHARGES ACT.

Number of enquiries received .....	53
Number of properties connected to main sewer ...	50
Number of properties not connected to sewer ....	3

21. FOOD AND DRUGS.

Composition and Labelling of Food and Drugs.

The Law appertaining to composition and labelling of Food and Drugs is administered by the County Council Weights and Measures Department. The Chief Inspector has supplied the following details.

Number of samples procured in Lampeter .....	35
Number of samples found to be adulterated .....	Nil





FOODSTUFFS UNFIT FOR HUMAN CONSUMPTION.

The following articles of food were condemned as being unfit for human consumption.

Cooked Ham - 72 lbs. 15 ozs.	Canned Oranges 8 lbs. 4 ozs.
Peeled Tomatoes - 12 lbs. 4 ozs.	Canned plums 7 lbs. 8 ozs.
Processed Peas - 14 lbs. 7 ozs.	Mixed veg. 18 lbs. 8 ozs.
Apricots - 13 lbs. 11 ozs.	Evaporated Milk $4\frac{1}{2}$ pints.

The foodstuffs were canned varieties which were either blown, rusted or leaking.

REGISTRATION OF PREMISES IN CONNECTION WITH MANUFACTURE OF FOOD.

Number of premises registered for manufacture of icecream .	2
Number of premises registered for sale of icecream .....	10
Number of premises registered for potted or preserved food.	3

The above premises are visited periodically and are dealt with under Food Hygiene Regulations as Food Premises.

MILK AND DAIRIES.

Number of registered distributors of milk .....	2
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These premises are visited regularly and a high standard of cleanliness has been observed.

FOOD HYGIENE.

Number of Food Premises .....	25
Number of School Canteens .....	3
Number of Bakehouses .....	3
Number of Butchers Shops .....	3

The following defects were encountered, and as a result notices served upon the owners of premises where contraventions of the Food Hygiene Regulation existed.

Premises in need of structural repairs .....	2
Premises in need of cleansing .....	3
Provision of W.C. accommodation .....	2
Provision of washing facilities .....	1

MARKETS AND SLAUGHTERHOUSES.

The Corporation operates a Cattle Mart which is leased to an Auctioneer. The Mart premises are cleansed by Council Employees after each mart. Disinfectant and water supply are available for the cleansing of cattle lorries.



PUBLIC ABATTOIR.

The Public Abattoir is maintained and cleansed by the Local Authority.

During the year the following animals were slaughtered and carcasses and offal condemned.

Number of animals killed and inspected.

<u>Steers</u>	<u>Cows &amp; Heifers.</u>	<u>Calves</u>	<u>Sheep</u>	<u>Pigs</u>
287	523	29	5450	744

The total number of animals killed amounted to 7,033.

MEAT AND OFFAL CONDEMNED.

CATTLE

Tuberculosis only.

Carcass and all organs .....	Nil
Lungs .....	4
Head and tongue .....	13

Diseases other than Tuberculosis.

8 Part Carcasses .....	Extensive Bruising.
6 Head and tongues .....	Actinobacillosis
6 Part hindquarters .....	Fractures.
22 Lungs .....	Pleurisy: Pneumonia: Cysts.
5 Hearts .....	Pericarditis.
101 Livers and parts .....	Distomatosis: Necrosis: Cysts.
2 Kidneys .....	Nephritis.

CALVES

4 Carcasses .....	Pyæmia
2 Hindquarters .....	Bruising.

SHEEP

18 Carcasses .....	(i) Acute fever (ii) Toxaemia.
4 Legs .....	(i) Extensive Bruising.
220 Lungs .....	(i) Strongyli - Parasitic; Pneumonia.
260 Livers and parts .....	(i) Distomatosis - Cystic.

PIGS

Tuberculosis only.

Heads	-	4	Lungs	-	2
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Diseases other than tuberculosis.

2 Carcases and organs .....	Urticaria.
104 Lungs .....	Parasitic - Pneumonia.
60 Livers and parts .....	Hepatitis; Parasitic.
12 Stomachs .....	Peritonitis.

J. D. MILES

PUBLIC HEALTH INSPECTOR.



Factories Acts 1937 and 1948.

Parts I and VIII of the Factories Act, 1937.

Part I. (Inspections).

Premises (1)	M/c Line No. (2)	Number on Register (3)	Number of Inspections (4)	Number of Written Notices (5)	Number of Occupiers Prosecuted (6)	M/c. Line No. (7)
(i) Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by Local Authorities.	1	25	110	1	Nil	1
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority	2	1	4	Nil	Nil	2
(iii) Other Premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises)	3	2	8	Nil	Nil	3
TOTAL		28	122	1	Nil	





Factory Acts, 1937 and 1948. (Continued)

Part 2. (Defects).

Particulars  (1)	M/c Line No.  (2)	Number of cases in which defects were found				Number of cases in which prosecutions were instituted.  (7)	M/c. Line No.  (8)
		Found  (3)	Remedied  (4)	Referred			
				To H.M. Inspector (5)	By H.M. Inspector (6)		
Want of cleanliness (S.1).	4	1	1	Nil	Nil	Nil	4
Overcrowding (S.2)	5	Nil	Nil	Nil	Nil	Nil	5
Unreasonable temperature (S.3)	6	Nil	Nil	Nil	Nil	Nil	6
Inadequate ventilation (S.4)	7	Nil	Nil	Nil	Nil	Nil	7
Ineffective drainage of floors (S.6)	8	Nil	Nil	Nil	Nil	Nil	8
Sanitary Conveniences (S.7)							
(a) Insufficient	9	1	Nil	Nil	Nil	Nil	9
(b) Unsuitable or defective	10	Nil	Nil	Nil	Nil	Nil	10
(c) Not separate for sexes	11	1	Nil	Nil	Nil	Nil	11
Other offences against the Act (not including offences relating to Outwork)	12	Nil	Nil	Nil	Nil	Nil	12
TOTAL		2	1	Nil	Nil	Nil	

Part VIII (Outwork)

There are no outworkers within the Borough.







